



Project  
Actions for a healthy life



EUROPE

Seminar on "Active for life",  
an Italian Ministry of Health-  
Emilia-Romagna project on  
physical activity promotion

Bologna, November 10th 09



*Ministero del Lavoro, della Salute  
e delle Politiche Sociali*



Centro nazionale per la prevenzione  
e il Controllo delle Malattie

# CCM and prevention of chronic diseases in Italy

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Centro nazionale per la prevenzione  
e il controllo delle malattie

Network per la prevenzione e la sanità pubblica



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## In bella vista: un bilancio del convegno di Napoli

Al termine della manifestazione "Guadagnare salute: i progressi delle aziende sanitarie per la salute in Italia", il bilancio è senz'altro positivo.

Oltre mille gli operatori di sanità pubblica che hanno partecipato all'evento organizzato a Castel Sant'Elmo, affollate le sessioni del convegno scientifico e le tavole rotonde di approfondimento nell'agorà. Grande riscontro anche per tutti gli altri appuntamenti in programma.

L'incontro ha permesso agli operatori regionali di illustrare e confrontare le esperienze e di confermare l'impegno reciprocamente assunto volto a indirizzare le politiche e gli interventi nella medesima direzione, ma anche di prendere consapevolezza che i concetti di intersectorialità e di collaborazione tra enti e istituzioni diverse stanno cominciando a diventare realtà.

Leggi i commenti sull'evento di Daniela Galeone (ministero della Salute) e Stefania Salmaso (Iss-Cnesps).


[Segue >>](#)
[Language](#)

English

[Programma eventi](#)

&lt;&lt; novembre &gt;&gt;

09

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[Ricerca progetti](#)
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Il 5 novembre 2009, il ministero della Salute ospiterà il



guadagnare salute

www.salute.gov.it

[A/H1N1: i dati aggiornati](#)

Il ministero della Salute riferisce che in Italia i casi di influenza





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#### What is Ccm

- strategic Committee
- scientific Committee
- General Directorate for health prevention

#### The Ccm projects

#### Plan for national prevention

#### The reaction to emergencies

#### Training



[Home page](#)

## What is Ccm

Ccm is the Italian acronym for the National Centre for Disease Prevention and Control. Its task is to liaise between the Ministry for labour, health and social policies on the one side, and regional governments on the other as regards surveillance, prevention and promptly responding to emergencies. It was set up by Law 138 of 26 May 2004 (pdf 167 kb) and by the Health Ministry Decree of 1 July 2004 (pdf 124 kb), then amended by the labour, health and social policy Ministry Decree of 18 September 2008 (pdf 51 kb), which redefined its structure.

Over the years, Ccm has acquired a specific identity which makes it unique within the framework of Italian public health; its main features are:

- an expressed mission: more prevention nationwide and in the national health service practice through strategies and interventions whose efficiency can be demonstrated by solid scientific data
- a working method based on projects, with clearly defined objectives, procedures, responsibilities, resources and implementation timelines
- the systematic promotion of discussion within its collegial consulting bodies, and cooperation within Regional Governments' technical working groups
- an appropriate positioning in the public health sector which allows for a connection between working by projects and institutional activities, linking the health service action with large international networks.

The work of Ccm is particularly focused on cohesion and equity, to make sure that, in all Italian regions, all citizens from every social class have the same possibility of accessing prevention measures. The Centre is a bridge between the world of research and health facilities on the one hand, and the best practices and entities being developed on the other, by activating institutional partnerships and professional collaborations: its aim is to build an Italian prevention network. This is how Ccm has become a new public health entity, in line with the regionalization process introduced by the reform of Section V of the Italian

#### Language

English

#### Language

Italian

#### Chi è on line

Ci sono attualmente 0 utenti e 3 visitatori collegati.

# CCM projects

**looking for what works and why**

**Best Practices**

**Evidences**

**sharing know-how and expertise**

**Education**

**finding data and setting trends**

**Surveillance**



# The main Italian frameworks on prevention of chronic diseases

## National Prevention Plan

regional activities in 9 fields of action:

- ✓ cardiovascular risk
- ✓ cardiovascular relapses
- ✓ diabetes complications
- ✓ obesity
- ✓ oncological screenings
- ✓ vaccinations
- ✓ road accidents
- ✓ workplace accidents
- ✓ home accidents



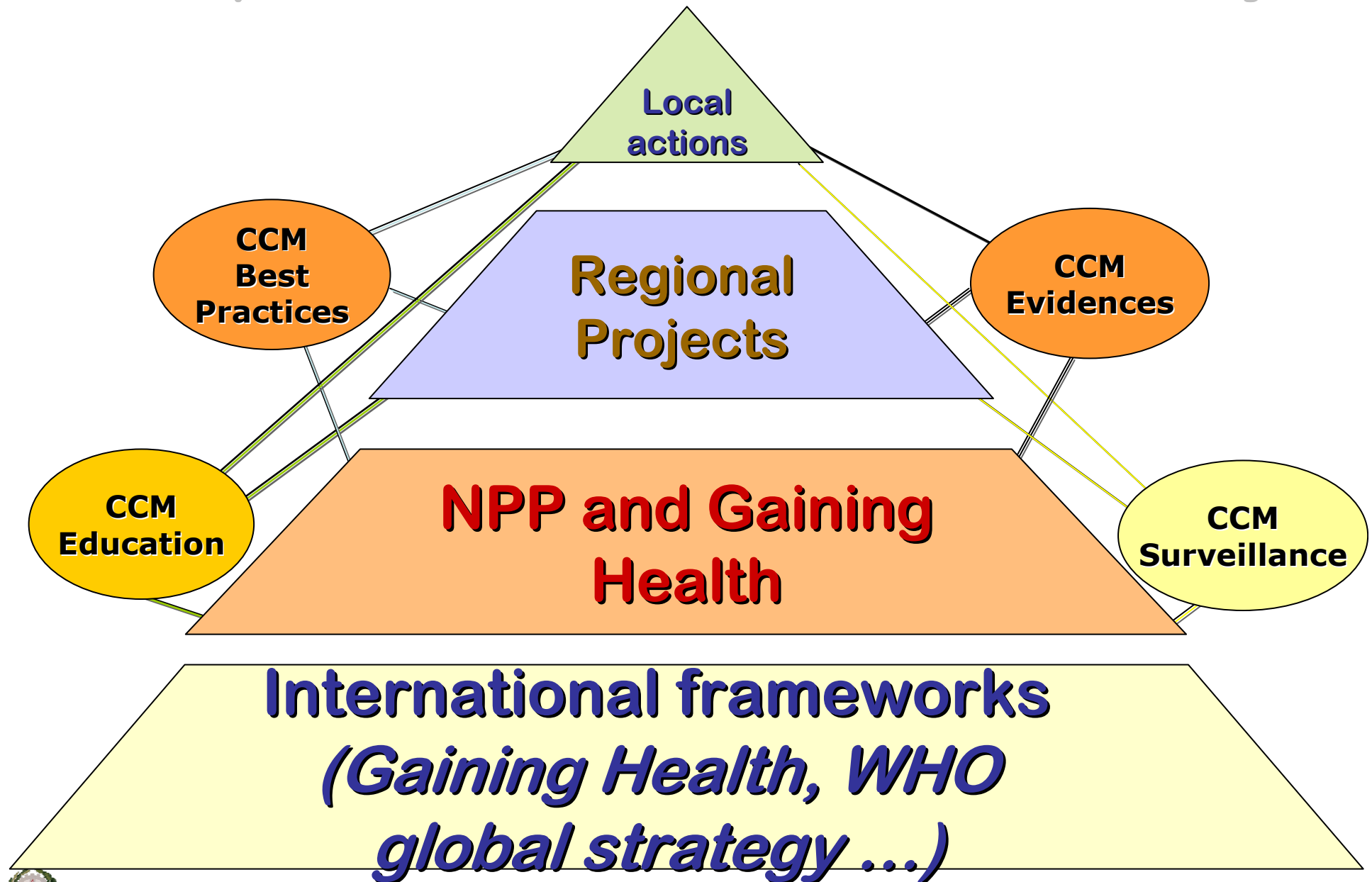
## Gaining Health

global strategy based on intersectoral policies on the 4 main health determinants:

- ✓ smoking
- ✓ unhealthy diet
- ✓ physical inactivity
- ✓ alcohol addiction



# The prevention of chronic diseases in Italy



# CCM projects and physical activity

- Promoters community (NCI Milan)
- Best practices on nutrition and physical activity in pre-school aged children (FVG Region)
- Italian BRFSS (PASSI surveillance system)
- Italian surveillance system on behavioural risks in school aged children (ISS-CNESPS)
- Local community experiences for Gaining Health (Formez)
- National project on physical activity promotion (LHU 20 Verona)
- Gaining health in teenagers (Piedmont Region)
- Actions for a healthy life (ER Region)



***Thanks***  
***for your attention!***

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